

Risk Reduction Observation Notes: Follow-Up Session Positive HIV Result

Risk Reduction Specialist: _____ Observer: _____

Session Date: _____ Site/Location: _____

Did this Risk Reduction Specialist also do the initial counseling for this client? ☐ Yes ☐ No

Instructions: Use this form during the risk reduction session to take notes. Use Form A-3, *Risk Reduction Observation: Follow-Up Session for Positive HIV Result*, for your final documentation.

Orient to Session and Provide Test Result

- Introduce
- Confidentiality
- Verify
- Readiness
- Provide clearly
- Allow time
- Client understanding
- How coping
- Immediate concerns
- Challenges of + result
- Other test results

Identify Sources of Support and Provide Referrals

- Assess who client will tell
- ID support
- Wellness strategies
- Healthcare resources
- Share results with MD
- Access to services
- Medical referrals
- Receptiveness
- Help access

Address Risk Reduction Issues

- Review step
- Plan for partners
- Future partners
- Disclose status
- Encourage to protect
- Revise step
- Document step

Negotiate Disclosure and Partner Referral

- Transition to PE/PN
- Problem solve
- Elicit # total
- Elicit marriage
- Names, then locating/id
- Options for PN
- Coach on client referral
- Negotiate follow-up
- Provide support

Summarize and Close the Session

- Validate feelings
- Summarize
- Review contact info
- Client immediate plan
- Close

Use of Counseling Skills, Concepts, and Components

Other Comments